

Tomato Relish

One of the oldest plants in the world, evidence of tomato fossils has been found in the Antarctic dated as long as 50 million years ago. The tomato was brought to Europe from central and south America in the 16th century. It is difficult to grow in Ireland, but is still included in their cuisine.



Prep: 15 min Cook: 1hr 30min Total: 1hr 45min Servings: One 11oz jar

Ingredients

14oz can chopped tomatoes
1 onion, finely chopped
7 oz white wine vinegar
4.5 oz wh sugar (just >1/2c)
3.5oz raisins (just <1/2c)
4T Water
1t Wholegrain mustard
1/2t ground cumin
1/2t ground coriander
pinch ground cloves

Directions

- Combine all ingredients in sauce pan over low heat.
- Bring to a simmer then continue to cook on low for about 1 1/2 hrs.
- Relish is ready when reduced to a chunky consistency.