



Celtic Food Club Basics

Brittany, Cornwall, Ireland
Isle of Man, Scotland, Wales

Preparation Ideas for the nation's theme:

- Play traditional music
- Display pictures, clothing, art
- Have some interesting facts, poems, quotes, etc. from the nation.

1. Welcome & Social Time (5-10 minutes)

Greet everyone, catch up, and allow members to settle in. This can include sharing a Celtic snack or beverage.

2. Theme or Focus Introduction (5 minutes)

Introduce the food topic for the meeting. Here is where sharing of cultural information can be included.

3. Tasting or Meal (20-30 minutes)

Sample the food everyone brought (if it's a potluck-style club) or taste test the featured recipe(s). Allow informal conversation during this time.

4. Discussion (20-30 minutes)

Talk about the food: history, cultural significance, preparation tips, substitutions, and everyone's impressions. This can include sharing stories, favorite recipes, or cooking challenges.

5. Planning & Wrap-Up (5-10 minutes)

Decide on the next meeting's nation or theme, who is hosting, and what everyone will contribute. Wrap up with final thoughts and thank-yous.