

Rarebit

Welsh Rarebit consists of a savory cheese sauce seasoned with mustard, Worcestershire sauce, and ale or beer. This flavorful mixture is poured over toasted bread or crackers, then broiled until bubble and golden.



Prep: 10 min Cook: 10 min Total: 20 min Servings: 4

Ingredients

4 slices bread

2 Tbs butter

2 Tbs flour

1/3 cup dark beer

1 tsp Worcestershire sauce

1 tsp mustard powder

8 ounces sharp white cheddar, grated

Salt and pepper to taste

Directions

- 1. Toast the bread
- 2. Melt butter in a saucepan, then whisk in flour until not lumpy.
- 3. Pour in beer while whisking, and then add the Worcestershire, mustard powder, salt and pepper.
- 4. Add the cheese and stir until melted and smooth.
- 5. Take the pan off the heat and transfer the cheese to another bowl to cool a bit.
- 6. Spread the cheese on the bread and broil in the oven (or cook in an air fryer) until browned.